

Comeragh Bogtrot Weekend Away
with John & Rena Lewis
March 24th & 25th.

Saturday March 24th: Comeragh Bogtrot

*** Participation by pre-registration only**

* Ballymacarbry Community Centre is located in the village of Ballymacarbry in the scenic Nire Valley on the R671, 16km south of Clonmel and 24km north of Dungarvan.

A Grade Walk

Approx **8** hours duration 22 kms distance and total height gain of approx 686mts.

Sign in at Ballymacarbry community Centre at 7.00am, bus departs at 7.30am and will reach the start point of Mahon Falls at 8.15am.

This walk is for self-navigating walkers only as a very high level of fitness and mountain skills is required.

Ascending the shoulder to the left of the Mahon Falls and head for the highest point of the Comeraghs 792mts. Continue on to Coumshingaun, Carrignagower, descend to the Gap where sign-in at the first check point is required. From the Gap you ascend Knockanaffrin Ridge and after Coumdualla Loch you descend for Glenanore village. From here you follow directional signs which will guide you by stream and on track mostly to the finish at Ballymacarbry village.

B+ Grade Walk

Approx **7** hours duration 17 kms distance and total height gain of approx 390mts.

Sign in at Ballymacarbry community Centre at 7.30am, bus departs at 8.15am and will reach the start point of Graigavalla, Rathgormack at 9.00am.

This walk will be led by local walking club and a high level of fitness is required.

This walk will follow the marked trail to the Gap where after sign in at the first check point it will ascend Knockanaffrin Ridge. After Coumdualla Loch you descend for Glenanore village, crossing the stream into Knocknaree woods and continue on track mostly to the finish at Ballymacarbry village.

*** Note - All walkers must have suitable hill walking clothing and boots.**

Entry fee is €20 which can be paid on the day and covers Bogtrot entry, bus transfer to start, soup & roll (after walk) and showering/changing facilities.

Registration Form

Pre-registration is required by downloading the **registration form** (.pdf document) and returning **it no later than 16th March 2012** to

mikejwall1@yahoo.co.uk or by post to The Comeragh Bogtrot, An Corr Eisc, Knocknaree, Nire Valley, Clonmel, Co. Waterford.

Sunday March 25th:

If conditions are suitable and the group willing after 7 hours on Saturday, a walk/climb up the Galtees will be led by John Lewis & Eileen Walsh, approx 4.5 to 5hr walk.

If a moderate walk is required, a walk in Clonmel area will be arranged.

* Sunday's walk will be decided on Saturday night March 24th.

* Sunday's walk will meet at Clonmel Park hotel at 10am and leave from there at 10.15am.

ACCOMMODATION:

Clonmel Park Hotel****

Address: The Poppyfields, Cahir Road Roundabout, Clonmel

www.clonmelparkhotel.com

Tel:052 61 88700 info@clonmelparkhotel.com

Two Nights Weekend Special: Fri 24th & Sat 25th.

2 Nights Bed & Breakfast and 1 Evening Dinner

Complimentary Bottle of Wine in your Room on Arrival

15% off all Spa Treatments exclusive to this offer

Rate: €89pps

* Saturday morning continental breakfast, cereal, ham & cheese etc will be served as we will be leaving hotel by 7am for the Bogtrot.

If our group is 20+ the hotel will provide cooked breakfast.

To check out other accommodation offers please view: www.Clonmeltourism.com

* Please book your accommodation directly with hotel, and let them know you are part of The Ballyvaughan Fanore Walking Club.

* Saturday's walk...participants must pre book and pay €20 to take part.

* Please let John or Rena Lewis know if you are taking part in weekend away.

Contact Details:

John - 086/ 0866165,

Rena - 087/2358195,

Email- jrlewis.ennis@eircom.net

Happy Walking and Happy Bogtrotting.